



Sushi Es Castell restaurante

C/ de Sa Font, 1 • Es Castell • Menorca • Tel. Reservas: **871 902 779**
Open every day from 12 h at 16 h and from 19 h at 23 h

Nigiri (2 pieces)

1. Salmon	 	4.95
2. Seared Salmon (Castell sauce)	  	5.35
3. Tuna	 	5.85
4. Flamed Butterfish	 	5.35
5. Prawn	 	4.85
6. Eel	 	5.85
7. Tobiko. Flying fish roe	 	5.85

Maki (8 pieces)

11. Salmon	 	6.65
12. Yellowfin tuna	 	7.75
13. Avocado and cucumber	  	5.95
14. Salmon and cream cheese	  	7.35
15. Salmon and avocado	  	7.35
16. Butterfish	 	6.15
17. Surimi and avocado	  	6.15

Sashimi (9 pieces)

21. Salmon	 	15.45
22. Yellowfin tuna	 	18.95
23. Butterfish	 	14.45
24. Mixed (3 Tuna, 3 Salmon, 3 Butterfish)	 	16.45

Tartare

25. Salmon (Avocado, mango, salmon, kimochi sauce, tobiko)	      	15.95
26. Yellowfin tuna	      	17.95

Tataki (9 pieces)

27. Salmon (Crispy onion, avocado, ponzu sauce, sesame)	     	16.95
28. Yellowfin tuna	     	19.95

Temaki (1 piece)

31. Salmon (Salmon, avocado, lettuce, mayonnaise, tobiko)	      	5.95
32. Tuna (Tuna, avocado, lettuce, mayonnaise, tobiko)	      	6.55
33. Butterfish	      	5.95
34. Eel (Eel, avocado, lettuce, eel sauce, sesame)	      	6.45
35. Tempura prawn	      	6.45

Maki crispy (8 pieces)

41. Salmon (Teriyaki sauce, sesame)	   	8.15
42. Tuna (Teriyaki sauce, sesame)	   	8.95
43. Butterfish (Teriyaki sauce, sesame)	   	8.15
44. Surimi (Teriyaki sauce, sesame)	   	8.15
45. Duck (Teriyaki sauce, sesame)	   	8.65

Futomaki (8 pieces)

46. Vegetable tempura roll	 	14.45
(Carrot, zucchini, red bell pepper, green bell pepper, onion, teriyaki sauce, sesame)		
47. Castell	 	14.45
(Tuna, salmon, butterfish, surimi, cucumber, avocado, wakame, prawn)		

Maki roll (8 pieces)

51. California sesame roll	 	10.45
(Surimi, avocado, mayonnaise, wrapped in sesame)		
52. Philadelphia Tuna cheese roll	 	13.95
(Tuna, avocado, cheese, wrapped in sesame)		
53. Philadelphia Salmon cheese roll	 	12.45
(Salmon, avocado, cheese, wrapped in sesame)		
54. Uramaki salmon roll	 	13.45
(Salmon, avocado, cheese, wrapped in salmon)		
54A. Tuna Uramaki roll	 	15.45
(Tuna, avocado, cheese, wrapped in tuna)		
55. Spicy salmon roll	 	14.45
(Salmon, crispy onion, spicy, wakame, tobiko)		
56. Spicy tuna roll	 	15.45
(Tuna, crispy onion, spicy, wakame, tobiko)		
57. Crunch roll	 	11.45
(Surimi, avocado, mayonnaise, with crispy onion and teriyaki sauce)		
58. Dragon roll	 	13.95
(Shrimp tempura, surimi, wrapped in avocado, teriyaki sauce and sesame)		
59. Rainbow roll	 	14.45
(Surimi, avocado, mayonnaise, wrapped in salmon, tuna, butterfish, avocado, teriyaki sauce and sesame)		
60. Uramaki eel roll	 	15.45
(Eel, avocado, cheese, wrapped in eel, eel sause, sesame)		
61. Soft Shell crab tempura roll	 	15.45
(Soft Shell crab, lettuce, wrapped in sesame, mayonnaise and spicy)		
62. Crispy chicken roll	 	11.95
(Crispy chicken, cucumber, wrapped in sesame and teriyaki sauce)		
62A. Chicken with cheese roll	 	13.45
(Crispy chicken, wrapped with flamed cheese, tobiko and teriyaki sauce)		
63. Flamed butterfish roll	 	13.95
(Butterfish, crispy onion, wrapped in flamed butterfish, castell sauce and sesame)		
64. Banana tempura roll	 	12.95
(Banana, Nutella, cashew and teriyaki sauce)		
65. Salmon tempura roll	 	13.45
(Salmon, avocado, cheese, teriyaki sauce and sesame)		
66. Tuna tempura roll	 	15.45
(Tuna, avocado, cheese, teriyaki sauce and sesame)		
67. Flamed salmon roll	 	15.45
(Salmon, avocado, cheese, wrapped in flamed salmon, castell sauce and sesame)		
68. Mango vegetable roll	 	12.45
(Mango, avocado, cheese, wrapped in avocado, mango sauce)		
69. Castell roll	 	15.45
(Prawn tempura, avocado, cheese, wrapped in seared beef, teriyaki sauce and sesame)		
70. Duck roll	 	15.45
(Fried duck, cucumber, chive, crispy onion wrap, teriyaki sauce)		

Sets

71. Set 1 (8 pieces)	   	16.45
(2 salmon nigiri, 2 tuna nigiri, 2 butterfish nigiri, 2 prawn nigiri)		
72. Set 2 (16 pieces)	   	13.45
(4 salmon maki, 4 tuna maki, 4 cucumber maki, 4 avocado maki)		
73. Set 3 (16 pieces)	   	15.45
(4 salmon maki, 4 tuna maki, 4 California with sesame, 4 salmon uramaki)		
74. Set 4 (20 pieces)	   	23.95
(4 salmon maki, 4 tuna maki, 4 California with sesame, 4 salmon uramaki, 1 tuna nigiri, 1 salmon nigiri, 1 butterfish nigiri, 1 prawn nigiri)		
75. Set 5 (16 pieces)	   	22.95
(4 salmon nigiri, 4 salmon sashimi, 4 avocado uramaki, 4 salmon uramaki)		
76. Set 6 (16 pieces)	   	27.95
(4 tuna nigiri, 4 tuna sashimi, 4 avocado uramaki, 4 tuna uramaki)		
77. Set 7 (33 pieces)	   	44.95
(4 tuna maki, 4 salmon maki, 3 tuna sashimi, 3 salmon sashimi, 3 butterfish sashimi, 2 salmon nigiri, 2 tuna nigiri, 2 butterfish nigiri, 2 prawn nigiri, 4 salmon uramaki, 4 tuna uramaki)		

Salads

100. Wakame (Shrimp, tobiko, lettuce)	  	7.45
101. Castell	   	13.95
(Lettuce, surimi, avocado, shrimp, salmon, tomato, corn, spicy mayonnaise)		

Starters

102. Edamame		5.95
103. Vegetable roll (4)	   	3.55
103A. Mango chicken roll (4)	   	6.35
104. Samosa curry (4)	   	3.55
104A. Takoyaki (5)	    	8.95
105. Har Gow (4)	   	6.95
(Steamed dumplings stuffed with shrimp and bamboo)		
106. Shu Mai (4) (Steamed with meat and mushroom stuffing)	   	6.95
107. Xiao Long bao (4)	   	6.95
(Steamed dumplings with pork and chinese cabbage)		
108. Chicken Gyoza (4)	   	5.95
(Pan fried chicken and veggie dumplings)		
109. Shrimp gyoza (4)	   	6.45
(Pan fried shrimp and veggie dumplings)		
110. Fried Chicken brochette (2) (Satay sauce)	   	5.95
111. Fried Shrimp brochette (2) (Satay sauce)	   	7.65
112. Assorted tempura (10)	   	12.95
(Green bell pepper, red bell pepper, sweet potato, zucchini, shrimp)		
311. Shrimp tempura (1)	   	2.45
312. Prawn crackers	   	3.50
313. Chinese bread	   	2.95

Soup

113. Miso (Wakame, tofu and chive)	6.45
114. Wonton (4) (Pork, chive and ginger stuffing)	6.45
115. Thailand	6.45
(Shrimp or chicken) (Cherry tomato, basil, lemongrass, blue ginger)	
116. Chicken with corn	6.45
117. Tom yum gong	6.45
(Shrimp, lemongrass, corn, mushrooms, tom yum sauce)	
118. Hot and sour (chicken, vegetable and egg)	6.45